

# Empowering Mothers

*Mother's Day 2018*



This month as we recognize the profound influence of mothers in our lives, it is important to keep in mind that Mother's Day may be a time of longing and regret for the tens of thousands of women across the Commonwealth who had abortions in the past year.

You can help women facing unexpected pregnancies to be the mothers God meant them to be. Here are some ways you can help women in your community:

- *Pray every day for women facing unplanned pregnancies, and pray for an end to abortion.*
- *If you or someone you know is grieving the loss of a child to an abortion, contact Rachel's Vineyard, a post-abortion ministry for hope and healing, at [www.rachelsvineyard.org](http://www.rachelsvineyard.org)*
- *If you know a pregnant woman who needs help, encourage her to call 1-888-LIFE-AID.*
- *Get involved in the pro-life movement by joining a chapter of the Pennsylvania Pro-Life Federation. Learn more at [www.paprolife.org](http://www.paprolife.org) or email [lifelines@paprolife.org](mailto:lifelines@paprolife.org).*

PENNSYLVANIA  
**PRO-LIFE**  
FEDERATION

4800 Jonestown Road, Ste. 102 • Harrisburg, PA 17109 • 717-541-0034 • [www.paprolife.org](http://www.paprolife.org)